

YHA York a Suggested Kit List

Prescribed medication - handed into the lead teacher on the morning (please make sure that medical forms are completed to accompany this). This may include travel sickness tablets.

Essentials

- Clean clothes, socks, and underwear for each day of your stay
- Pyjamas/ suitable nightwear
- Waterproof jacket/coat
- Toiletries - Toothbrush and toothpaste, shower gel/soap, shampoo
- Trainers/comfortable shoes, plus a spare pair
- Towel
- Plastic bags for wet/dirty clothes
- Day bag/Rucksack
- Inhalers - lead teacher made aware
- Packed lunch for the first day - disposal bag only please
- Water bottle
- Reading book
- Notepad/ activities for the journey to and from York
- Pencil case

Optional

- Appropriate clothing according to the weather forecast- sun hat and suncream, hat, scarf and gloves
- Spending money - a maximum of £5 per day. Please only give the children a maximum of £5 and hand the rest of the money to the lead teacher in separate named envelopes (ie Tuesday - Mat Smith, Wednesday- Mat Smith, Thursday - Mat Smith) as envelopes will be given to them each day.
- Teddy bear

***No Mobile Phones or cameras allowed**