

Goal - An amazing athlete - To be a strong, confident and adaptive mover, when negotiating different environments, the classroom, the outdoor space, and forest school area.

First milestone

Climb up steps using alternate feet and be able to balance for a short period of time during a game.

Second milestone

Select, carry and manoeuvre large items with increasing control and safety during play activities.

Third milestone

Uses large muscle movements with increasing control and is able to balance confidently on a trike, bike or scooter.

Final milestone

Has an awareness of their own and others safety in different familiar environments. They are able to select appropriate physical skills to the activity in front of them, ie is this plank wide enough to walk across.