

# Newsletter



Have a lovely half-term everyone!

Friday 27th October 2023

## Understanding Your Child and Understanding Your Child SEND groups & Sleep Tight workshops

The Parenting Team will be delivering free Understanding Your Child and Understanding Your Child SEND groups from January 2024 (posters below)

These 10 week groups aim to:

- Promote understanding of children's behaviour within the context of developmental issues
- Promote the development of parent/child relationship
- Increase confidence and self-esteem in both parents and children
- Give parents a strategy for repair when things go wrong
- Promote reflective, sensitive and effective parenting

They are also offering a free SLEEP TIGHT workshop from January 2024 (posters below)

These 5 week workshops cover:

- Recognising the role of sleep hygiene to improve sleep
- Identifying causes of sleep issues and appropriate practical strategies to try
- Completing sleep diaries and identifying potential sleep issues

Please do not hesitate to contact the team directly if you have any questions parenting.team@shropshire.gov.uk or give them a call on 01743 250950

## Updated Covid-19 advice for Parents

As COVID-19 presents a low risk to children and young people, combined with high vaccination rates in the population, there are no longer specific rules relating to it in schools, colleges, childcare and other education settings. Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to go to school, college or childcare. However, those who are unwell and have a high temperature should stay at home and avoid contact with other people where they can. They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature, and they are well enough to attend. UKHSA guidance says that it is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional. For further advice, please see the full document via this link.

<https://educationhub.blog.gov.uk/2023/10/11/what-are-the-latest-rules-around-covid-19-in-schools-colleges-nurseries-and-other-education-settings/>

This week's attendance...

Class 1 - 90%  
Class 2 - 98.57%  
Class 3 - 94.48%  
Class 4 - 96%  
Class 5 - 95.88%

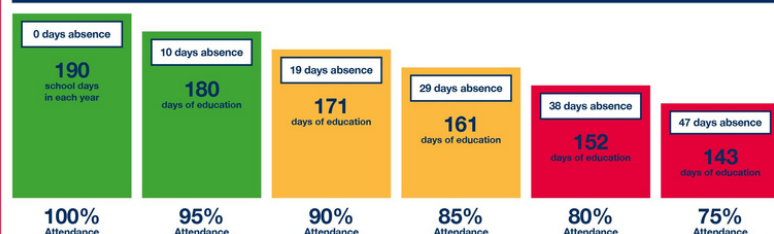
Aim for 100% attendance!

## Good attendance means...

Being in school at least 95% of the time or 180 to 190 days

365 days in a calendar year

### 175 days not in school!



"I'm seriously concerned"

# Hall of Fame



## Class 1

Praise Certificates: **Indiana, Izzy, Joey & Lily**  
Reading Rockstar: **Noah**  
Marvellous Mathematician: **Freddie**  
Super Scientist: **Lyra**

## Class 2

Praise Certificates: **Matilda, Neve, Freddie, Joe**  
Writing Rocket: **Martha**  
Reading Rockstar: **Benni**  
Marvellous Mathematician: **Harrison**  
Super Scientist: **Aelfwynn**

## Class 3

Praise Certificates: **Cian, Scout, Reed & David**  
Writing Rocket: **Amber**  
Marvellous Mathematician: **Louie & Stan**  
Super Scientist: **Skylar**

## Class 4

Praise Certificates: **Julien, Evie P, Bobby C, Teanna & Tilly**  
Writing Rocket: **Jack B**  
Reading Rockstar: **Heidi**  
Marvellous Mathematician: **Fred & Dylan J**  
Handwriting: **Fred**  
Times Tables: **Will, Jack G, Riley, Izzy, Bobby C, Julien, Emma & Fred**

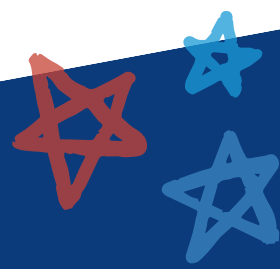
## Class 5

Praise Certificates: **Alice, Bonnie, Frankie, Alyvia, Noah, Talia & Grace**  
Writing Rocket: **James**  
Reading Rockstar: **Alice**  
Marvellous Mathematician: **Annabelle**



Class 3  
Ivy (Wannabe)  
Skylar (Breakthrough Artist)  
Reed (Wannabe)

Class 4  
Fred (Breakthrough Artist)



# Ludlow Community

Free information, advice and support

## Helena Lane House

20 Hamlet Lane, Ludlow SY8 2NP

Every Monday 9.30–11am  
and  
Every Wednesday 1.30–3pm

You can chat, have a coffee and see how we can help you with:

- Housing support
- Children's health and wellbeing
- Healthy living advice
- Dementia support
- Family life
- Home fire safety
- Domestic abuse support
- Drug & alcohol support
- Financial advice
- Getting older

and lots more!



Shropshire  
Council

- *Would you like to know more about why sleep is important for our health and emotional well-being?*
  
- *Does your child struggle with their sleep?*
  
- *Would you like to access support to help improve sleep and bedtime routines?*
  
- *Would you like to meet other parents/carers to share and discuss experiences?*

## ***SLEEP TIGHT WORKSHOP***

The workshops are delivered virtually via MS Teams or face to face at a venue in Shrewsbury. All you need for the virtual groups is an email address and an electronic device, and we will talk you through the rest.

Our workshops run for 5 weeks from the start date excluding the School Holidays.

**Starts on Friday 12th January 2024 from 09.30am to 11.30am  
in Shrewsbury, venue to be confirmed.**

**Starts on Friday 12th January 2024 from 12.30pm to 2.30pm  
Virtually via MS Teams**

**Starts on Friday 23rd February 2024 from 9.30am to 11.30am  
in Shrewsbury, venue to be confirmed.**

**Starts Friday 23rd February 2024 from 12.30pm to 2.30pm  
Virtually via MS Teams**

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:

Emailing [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk)

Or call us on 01743 250950



If you would like to find out about other services the Parenting Team offers please email [Parenting.team@shropshire.gov.uk](mailto:Parenting.team@shropshire.gov.uk) or call us on 01743 250950



## **PARENTING HELPLINE**

available on  
**Tuesdays and Thursdays from 9.00am to 12.30pm**  
Call us on 01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. Shropshire Council's Parenting Team is here to support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around child development and parenting?

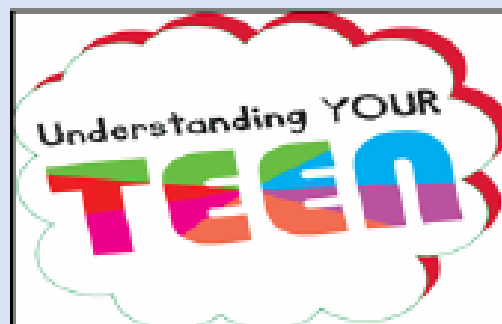
Why not call our Parenting Helpline where one of our trained

Parenting Practitioners will be ready to listen.

(Please note the Parenting Helpline will not operate between Christmas & New Year)

If you have concerns about a child's safety or well-being please call

First Point of Contact 0345 678 9021



[www.shropshire.gov.uk](http://www.shropshire.gov.uk)  
General Enquiries: 0345 678 9000



**THE**

**NEW NOTES SINGERS**

**with a Guest artist**

**Present a Night of Musical  
Entertainment**

**at CLEE HILL VILLAGE HALL**

**SATURDAY 28th OCTOBER**

**7 - 9pm**

**Tickets £8 inc. cakes, tea/coffee**

**(please bring your own soft drinks/alcohol)**

**Raffle**

**Call 01584 890834 or 01584 892050**

**Proceeds in aid of the Village Hall and The New Notes Singers**

# Poppy Wall for Remembrance

Do you knit or crochet? We need YOU to help put Clee Hill on the map with an incredible Poppy Wall for Remembrance.



- Follow a poppy pattern or be creative and design your own poppy – but red only please.
- Any poppies can be dropped off in a special box outside Clee Hill Community Academy Reception.
- Poppies can be dropped out at any time before the mid-October.
- Spread the word – the more poppies the better!

If knitting/ crocheting isn't for you, but you would like to make a donation towards the equipment, then any help would be gratefully received.

For more details, email Ceri Little ([ceri.little@chcacademy.co.uk](mailto:ceri.little@chcacademy.co.uk))

# New players welcome

Clee Hill RFC Mini Junior Rugby



## Girls and Boys

Year 9 and below



Sundays at 0930  
Starting 3rd September



First session - free

We take boys and girls  
from 3 years

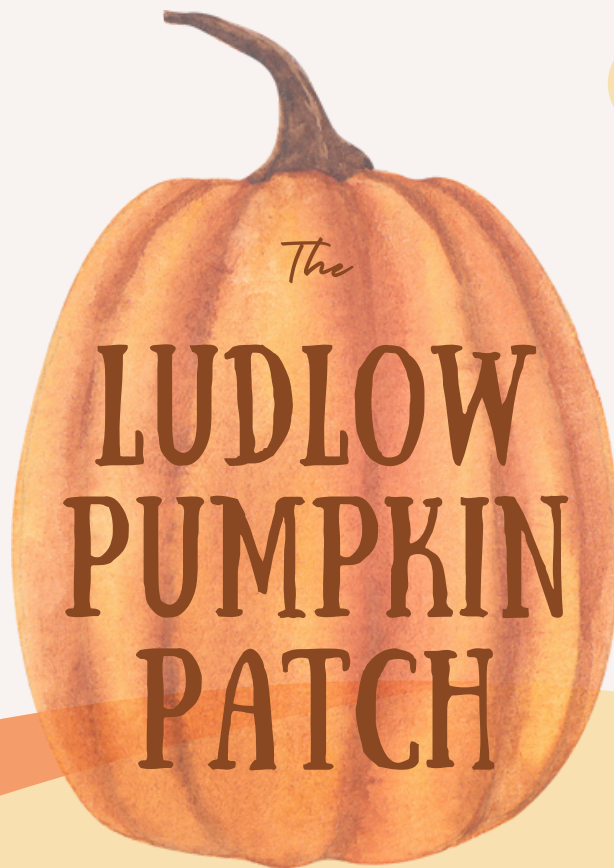
FOR MORE INFORMATION PLEASE CONTACT:  
Lorna • 07791689312 • [cleehillrfuminisection@outlook.com](mailto:cleehillrfuminisection@outlook.com)  
Clee Hill Rugby Club, Tenbury Road, Knowle SY8 3NL





DOWNTON HALL ESTATE

*presents*



## TAKE YOUR PICK OF THE PATCH

Experience the best of autumn with your family at Downton Hall Estate. Enjoy a day in the Shropshire countryside and access the pumpkin patch for just £5 per car, redeemable against the pumpkins you pick.

**OCTOBER**  
**14TH - 31ST**  
*10 am - 4 pm*

**DOWNTON HALL ESTATE**

Use What3Words for exact spot:  
youthful//swims//contracts  
Ludlow, Shropshire, SY8 2EE, UK

**PURCHASE TICKETS IN ADVANCE TO SECURE YOUR SPOT**

 [info@downtonhall.co.uk](mailto:info@downtonhall.co.uk)

 [downtonhall.co.uk/ludlow-pumpkin-patch](https://downtonhall.co.uk/ludlow-pumpkin-patch)