

Newsletter

MARCH



CHAMPS update

Friday 22nd March 2024

We have made the decision, follow the Easter holidays, to move onto cold food options only at CHAMPS. Children will be offered sandwiches with the following fillings: ham, cheese, tuna or jam. Fruit and water will also be made available.

Supervision After School

This is just a polite reminder to ask parents to supervise their children after school, especially younger children, when picking up siblings. Children should not be running around the playground/ on play equipment / behind the sheds etc. Please keep children within arm's reach at all times. Many thanks.

Class I thanked Miss Pugh for all her in Class I this year. She is now moving on to her next placement.

The science competition to create your own insect will be extended to Friday 12th April so you have all of Easter to get creative! There will be a prize for the winner of each class. See poster below!



Class I took a trip to Doddington Church this week!

Tag Rugby Tournament

We sent two teams to the Lacon Childe School Tag Rugby Competition. Both teams played really well and finished first and second respectively. The winning team will be going to represent the Lacon Sports Partnership at a tournament in April. Thank you to Mr Alan Huddleday for his excellent coaching skills.



Some photos from YR 3 and 4 going to Tennis at Lacon. Some quotes from the children.

'The tennis festival was great. I loved it! I really enjoyed when you had to balance the tennis ball on the racket.' Amelia
 'I loved the tennis festival it was fun. At first I was really nervous but when I got there it was amazing.' Skylar

This week's attendance...

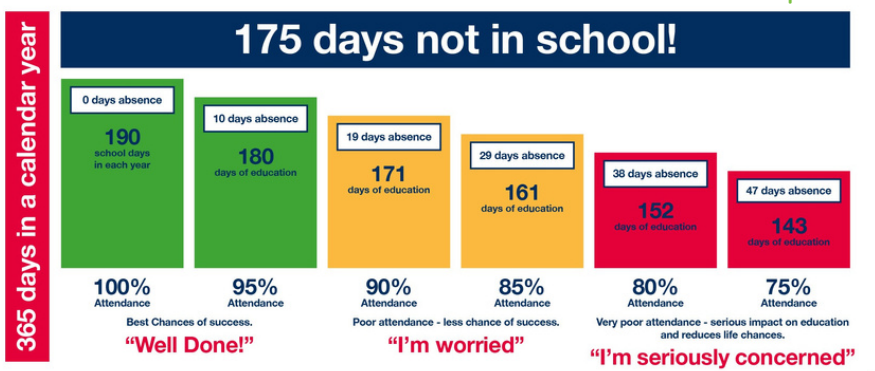


Thank you to everyone who has taken part in the 'Big Plastic Count' This data will go towards convincing the government to do something about the overuse of plastic!

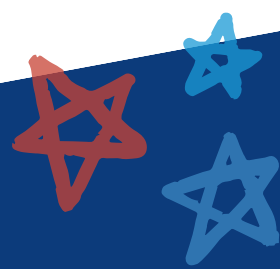
- Class 1 - %
- Class 2 - %
- Class 3 - %
- Class 4 - %
- Class 5 - %
- Aim for 100% attendance!

Good attendance means...

Being in school at least 95% of the time or 180 to 190 days



Top Table



Dates for Diary 2024

Easter Holidays	
Summer Term	
8.4.24	Back to school
6.5.24	Bank Holiday
13.5.24	SATs week
15.5.24	New Reception Meeting for Parents
20.5.24	Reading miles - Goa
24.5.24	Last day of half term
May Half term	
3.6.24	Back to school
18.6.24	PTA Escape Rooms Night
21.6.24	Sports Morning (athletics/ field events) No parents
26.6.24	Sports Afternoon - with parents PTA - Strawberries and Cream
27.6.24	Nursery sports afternoon - parents invited
28.6.24	PD day
12.7.24	Summer reports sent home
13.7.23	PTA Colour Run
17.7.24	Reading Miles - France
18.7.24	PTA - CHCA's Got Talent PTA Leaver's disco
19.7.24	Leaver's Play Last day of term: Maths Problem Solving AM/Board games PM
Summer Holidays	

Science Week Competition!!



British science week starts on the 8th March with the theme this year being TIME!

To kick it off the children will be getting involved with a live science lesson about insects on Friday.

We would love the children to invent their own imaginative insects!



These can be models, paintings, drawings, headdresses, even costumes!



The only thing that they need to have are...
3 body parts and 6 legs... the rest is up to you!
Oh and don't forget to name it!!!!

There will be a prize for the winner of each class, including Nursery.

These will need to be handed in by Friday 12th April for judging!

Now get imaginative and create some amazing insects!!



YOUR CLUB NEEDS YOU!



CLEE HILL RUGBY CLUB PROMISE AUCTION

WE ARE HAVING A PROMISE AUCTION TO...

Help make a big push towards
raising our target of £100,000
for the new clubhouse

Any donations or promises
would be greatly appreciated
£5 Admission

Inclues 1 free pint and a pork
bap
Kids go free



WHERE?

Clee Hill Rugby Club
SY8 3NL

WHEN?

27th of April 2024
6:30pm

For more information or promises
please call or text

Catherine on:  **07484844903** Or Sadie on:  **07794390959**

Easter Event!

Please join us for a fun filled morning of crafts and activities with your little ones!

You can make:

Easter Bunnies

Easter Chicks

Easter Eggs

Playdoh

Colouring.....AND MORE!



FREE!

When: Wednesday 3rd April

Time: 10-11:30am.

Where: Ludlow Youth Centre, SY8 1RT (next to Police station).

Family Drop-In

Here to help

Free information, advice and support

You can chat, have a drink and see how we can all help you with:

- Family Life
- Children's health and wellbeing
- Drug and alcohol support
- Housing Support
- Domestic abuse support
- Financial advice
- Home fire safety
- School uniform support
- Help with getting back to work

Helena Lane House, 20 Hamlet Lane, Ludlow SY8 2NP

9am—11am on:

**Mon 19th Feb Mon 18th March Mon 15th April
Mon 20th May Mon 17th June Mon 15th July**



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.



www.shropshire.gov.uk



Family Drop-In

Here to help

Free information, advice and support

Whether you have a baby, toddler or a teenager, being a parent/carer is a huge responsibility.

Come along and chat with our friendly Family Workers

Helena Lane House, 20 Hamlet Lane, Ludlow SY8 2NP

Every Monday from 9am—11am



Supporting families with children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

We aim to make it easier for you to ask for help and get support when you need it.

If you would like to find out about further help and support the Parenting Team offer please email

Parenting.team@shropshire.gov.uk

or call us on 01743 250950

All our services are free of charge to Shropshire Council residents.

UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H

PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to help and support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around your child's development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate on Bank Holidays)

If you have concerns about a child's safety or well-being, please call

First Point of Contact 0345 678 9021

- *Would you like to know more about your child's development?*
- *Do you need help and support to understand your child's behaviour?*
- *Would you like a chance to meet with other parents and carers with children of a similar age?*



UNDERSTANDING YOUR CHILD GROUPS

From Toddler to Teen

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**Understanding Your Child starts on Wednesday 10 April 2024
From 12.30pm to 2.30pm in Shrewsbury at Sunflower House**

**Understanding Your Child SEND starts on Thursday 11th April 2024
from 9.30am to 11.30am Virtually via MS Teams**

**Understanding Your Child starts on Thursday 11th April 2024
From 1.15pm to 3.15pm in Bridgnorth at St Marys Bluecoat Primary School**

**Understanding Your Child SEND starts on Friday 12th April 2024
From 09.30am to 11.30am in Shrewsbury at Sunflower House**

**Understanding Your Child starts on Friday 12th April 2024
from 12.30pm to 2.30pm Virtually via MS Teams**

The groups are delivered Virtually via MS Teams or Face to Face at a venue in Shropshire.

All our groups run for 10 weeks from the start date excluding the School Holidays

SEND groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed to attend the groups.

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by: Emailing: Parenting.team@shropshire.gov.uk or call us on telephone: 01743 250950

All our groups are free to Shropshire Council residents.



- *Would you like to know more about why sleep is important for our health and emotional well-being?*
- *Does your child struggle with their sleep?*
- *Would you like to access help and support to improve sleep and bedtime routines?*
- *Would you like to meet other parents/carers to share and discuss experiences?*

SLEEP TIGHT WORKSHOP

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**Starts on Monday 15 April 2024 from 9.30am to 11.30am
at Whitchurch Infants School, Station Road, SY13 1RJ**

**Starts Wednesday 17th April 2024 from 9.30am to 11.30am
Virtually via MS Teams**

**Starts Monday 10th June 2024 from 12.30pm to 2.30pm
at Bridgnorth Youth Centre**

**Starts Wednesday 12th June 2024 from 9.30am to 11.30am
Virtually via MS Teams**

The workshops are delivered virtually via MS Teams or face to face at a venue in Shropshire
Our workshops run for 5 weeks from the start date excluding the School Holidays.

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:

Emailing Parenting.team@shropshire.gov.uk

Or call us on 01743 250950

All our Workshops are free to Shropshire Council residents.



Calling all residents of Cleobury Mortimer and surrounding areas!



Have your say!

Help us and our partners understand what community, health and wellbeing means for you.

Tell us the good and not so good where you live.

We'll use what you tell us to help make things better in your area.



You know you and your community needs best, so let us know!
Scan this QR code with your smartphone/tablet or go to:

<https://shropshire.gov.uk/ShropLocalHealthandWellbeingSurvey>
Paper copies can be collected and returned from:

Cleobury Mortimer Library

Please spread the word! Share with everyone you know in the area.
The survey will close on:

21st April 2024



Communities asked to help partners understand their health, community and wellbeing needs

Communities across the south of the county are being asked to take part in a survey to share their thoughts and experiences on what would make their community a healthier and better place to live.

The survey aims to seek the views from people of all ages living in and around Bridgnorth, Church Stretton, Cleobury Mortimer and Craven Arms, around what makes somewhere a good place to live, what are the biggest concerns and what can be most improved.

The call-to-action forms part of the council's ongoing Joint Strategic Needs assessments (JSNA) programme. All councils are required undertake a JSNA to assess the health and social care needs of the local population to help improve the physical and mental wellbeing of Shropshire's residents and communities and is carried out in partnership with the voluntary and community sector and the local NHS.

Councillor Cecilia Motley, Cabinet Member for Adult Social Care and Public Health said:

"As a council we must carry out assessments to find out the health and wellbeing needs of our communities, to help us to plan and commission the best possible services for residents.

So far, we have been able to use the results of the surveys to build a detailed overview of the health and wellbeing needs in six of our market towns and surrounding areas, and this has already led to positive planning outcomes that will benefit the lives of the people who live there."

Following on from the success of our last Place Based JSNA launches, the next round of community engagement is taking part in Bridgnorth, Church Stretton, Cleobury Mortimer and Craven Arms.

We want communities in and around these towns, to help us and our partners understand what community, health and wellbeing means for you. Tell us the good and not so good where you live. You know you and your community needs best, so do please let us know by completing our survey and encourage your family and friends in the area to do the same.

Your views are vital to help us, and our partners ensure your communities have access to support and opportunities that are right for you.

Like with many councils across the UK, we are facing unprecedented financial challenges, and this insight will more than ever, help us in ensuring that we are able to meet our communities current and future needs."

To find out more and take part in the survey visit
<https://shropshire.gov.uk/ShropLocalHealthandWellbeingSurvey>

The survey will close on 21st April 2024.

You can find out more about Shropshire's JSNA on the [JSNA webpages on our website](#).

Further information

The joint strategic needs assessment is a helpful tool that the council and its partners use to paint a picture of the diverse communities that live in our county, and the ways that we can best support people to live healthier lives.

It is known that only 10% of our health and wellbeing is actually affected by healthcare, and that it is just as important to consider the broader factors that impact our day to day lives, too.

In Shropshire, the [place-based joint strategic needs assessment](#) is being used to build profiles of 18 key place-plan areas, mainly market towns and their surroundings.

The assessment is being developed by using data about the health and wellbeing of the population, and by understanding the views of our population through a health, wellbeing, and community survey. Local people can take part in online or in person with our community wellbeing outreach team.

So far, Highley, Oswestry, Bishop's Castle, Whitchurch, Shrewsbury, Ludlow, Wem, Market Drayton and Albrighton have all completed the joint strategic needs assessment survey, and the programme has now moved to Bridgnorth, Church Stretton, Cleobury Mortimer and Craven Arms.

The survey takes account of a wide range of factors that are known to impact on health and wellbeing, including housing, equality, environment, and relationships. These factors are known as the wider determinants of health.

The place-based joint strategic needs assessments for Shropshire will continue to progress over the next 12-18 months, and local Shropshire Councillors will help to engage their communities as they are scheduled for assessment.

Radnor RASCALS JUNIOR STORM



Trophy & £200
for winning
school



Free medal
with every
entry



Free bouncy
castles and
face painting



Beefy Boys &
Pizza Girls



£7

Sunday 21st April 2024
11am Ludlow Castle

www.stormthecastleduathlon.com/juniorstorm

CHILDREN'S LEARN TO SWIM PATHWAY



Pre-School

Designed for pre-school children, building the beginnings of a lifelong love of water.



Learn to Swim

For children aged 4 yrs+ developing confident and competent swimmers through fun and enjoyment.



Swimming Diving Artistic Swimming Water polo Rookie Lifeguard

Aquatic Skills

Opportunities for children who have completed the Learn to Swim Stages 1 - 7 and are now looking to develop their skills.



To know more about the Swim England Learn to Swim Awards, you can download The My Learn to Swim app which is available now on the App Store & Google Play.

www.freedom-leisure.co.uk/swimlessons



Learn to Swim Programme

